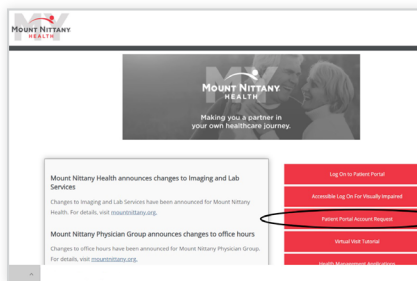


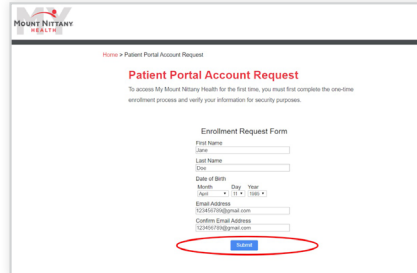
How to enroll in and log on to Mount Nittany Health's patient portal, "My Mount Nittany Health"

Mount Nittany Health is proud to offer virtual visits that will allow you to talk to your provider from the comfort of your own home. But first, you'll need to enroll in My Mount Nittany Health. To get started, follow these simple steps.

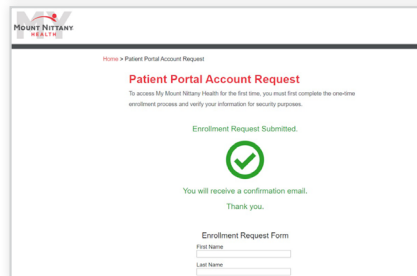
TELEHEALTH VISITS



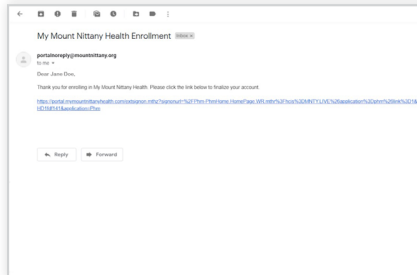
STEP 1 Visit mymountnittanyhealth.com. Click on "Patient Portal Account Request."



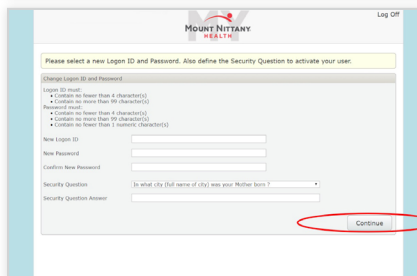
STEP 2 Fill out the enrollment request form.



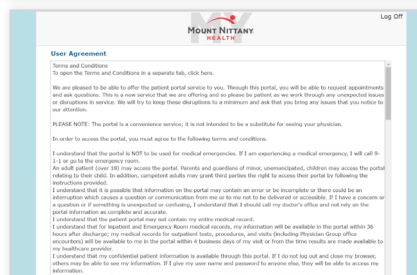
STEP 3 Look for an email confirmation of your enrollment request.



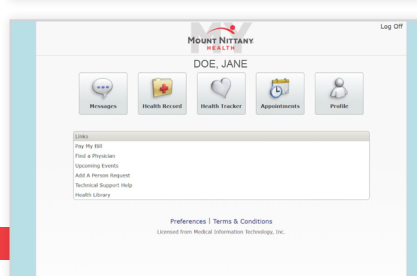
STEP 4 Click on the link in your email to activate your account.



STEP 5 Create your logon ID, password and security question.



STEP 6 Read and agree to the user agreement to complete the enrollment process.



STEP 7 For future visits, access mymountnittanyhealth.com by inputting your logon ID and password.